



Elder Johnson Family Life Center (EJFLC) Schedule

February 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EJFLC is closed on Sundays Join us for Worship Service 8:00 am and 10:30 am	1 Low Impact Aerobics 9:00-10:00 am – C1 Buchtel High Basketball Practice 4:30-6:30 pm	2 Buchtel High Basketball Practice 4:30-6:30 pm Circuit Training 6:30-7:30 pm Boy Scouts 7:00-8:30 pm. (1/2 court)	3 Low Impact Aerobics 9:00-10:00 am – C1 Join us for Worship Service at 7:00 pm	4 Buchtel High Basketball Practice 4:00-6:00 pm Charles Johnson Basketball for Kids 6:00-8:15 pm – C1 Table Tennis 6:00-8:30 pm – C3	5 Buchtel High Basketball Practice 4:00-6:00 pm	6 Zumba Fitness Class 11:00 am-12 noon Boys Division Basketball 8:30; 9:20; 10:10;11:00 Full Court Basketball 12 noon-3:00 pm Table Tennis 6:00-8:30 pm
7 Join us for Worship Service 8:00 am and 10:30 am	8 Low Impact Aerobics 9:00-10:00 am – C1 Buchtel High Basketball Practice 4:30-6:30 pm	9 Buchtel High Basketball Practice 4:30-6:30 pm Circuit Training 6:30-7:30 pm Boy Scouts 7:00-8:30 pm. (1/2 court)	10 Low Impact Aerobics 9:00-10:00 am – C1 ID Badges 5:45-6:45 Join us for Worship Service at 7:00 pm	EJFLC Closed SCIENCE FAIR 7a-8p	12 Buchtel High Basketball Practice 4:00-6:00 pm	13 Zumba Fitness Class 11:00 am-12 noon Boys Division Basketball 8:30;9:20;10:10;11:00; 11::50 Full Court Basketball 12 noon-3:00 pm Table Tennis 6:00-8:30 pm
14 Join us for Worship Service 8:00 am and 10:30 am	15 Low Impact Aerobics 9:00-10:00 am – C1 Buchtel High Basketball Practice 4:30-6:30 pm	16 Buchtel High Basketball Practice 4:30-6:30 pm Circuit Training 6:30-7:30 pm Boy Scouts 7:00-8:30 pm. (1/2 court)	17 Low Impact Aerobics 9:00-10:00 am – C1 Join us for Worship Service at 7:00 pm	18 Buchtel High Basketball Practice 4:00-6:00 pm Charles Johnson Basketball for Kids 6:00-8:15 pm – C1 Table Tennis 6:00-8:30 pm – C3	19 ECA Soul Food Dinner 4:00p-6:00p Buchtel High Basketball Practice 4:00-6:00 pm	Gym Closed CYO 8a-4p Table Tennis 6:00-8:30 pm
21 Join us for Worship Service 8:00 am and 10:30 am	22 Low Impact Aerobics 9:00-10:00 am – C1	23 Circuit Training 6:30-7:30 pm Boy Scouts 7:00-8:30 pm. (1/2 court)	24 Low Impact Aerobics 9:00-10:00 am – C1 Join us for Worship Service at 7:00 pm	25 Charles Johnson Basketball for Kids 6:00-8:15 pm – C1 Table Tennis 6:00-8:30 pm – C3	26	Gym Closed CYO 8a-4p Table Tennis 6:00-8:30 pm
28 Join us for Worship Service 8:00 am and 10:30 am						

- Note:** All persons using the EJFLC must have a signed waiver on file. Participants under 18 years old must have their waiver signed by a parent or guardian.
- **EJFLC hours** of operation are Monday through Saturday from 8:00 am until 8:30 pm unless otherwise noted
 - **Gym** section is closed on Wednesdays (except for scheduled activities); **EJFLC** is closed on Sundays
 - **Cardiovascular Training Room and Weight Training Room** accessible on Wednesdays with ID badge
 - **Pickup Basketball** is held throughout the week after 5:00 pm on all individual courts except Wednesdays and when other programs, events, and activities are scheduled
 - **ID badges** for Church members may be obtained on day noted above (\$5.00 donation)